When can I go under the sun after my hair transplant?

General Questions · https://gethair.co.uk/faqs/going-under-sun-after-hair-transplant/

You can have sunbath 1 month after your operation.

We only recommend 15 minutes of contact with sun during the first month.

If you live in a country with **strong sun** please avoid being under the sun for long intervals during the first month.