When can I wear a hat or cap after hair transplant?

After Hair Transplant · https://gethair.co.uk/faqs/when-can-i-wear-a-hat-or-cap-after-hair-transplant/

We strictly do **not** recommend wearing anything such as beanie, helmets etc. at least for the first 2 weeks.

You can use the hat we provided or any hat which **sits loose on your head**. Please avoid to wear the hat for long durations for the first 14 days.